

**Recommendations of Asthma Classification  
by John Corrales-Diaz, MD, FAAP, 2004**

<b>Mild Intermittent (Flare up Less Than 2 Days/Week)</b>
PRN Albuterol
Utilize <a href="#">Authorization for Administration of Oral Medications</a> (AMES Appendix K)

<b>Mild Persistent (More Than 2x/Week Less Than Daily)</b>
PRN Albuterol
Low dose Inhaled Steroids (Controller)
Or Other Single Controller Therapy
Utilize <a href="#">Authorization for Administration of Oral Medications</a> (AMES Appendix K)
Asthma Action Plan

<b>Moderate Persistent (Daily Symptoms)</b>
PRN Albuterol
Low to Medium Dose Inhaled Steroids
Combined with Long Acting Beta Agonists
Utilize <a href="#">Authorization for Administration of Oral Medications</a> (AMES Appendix K)
Asthma Management Plan (AMES Appendix J)
Suggest Care Plan for Life Threatening Conditions (AMES Appendix A)

<b>Severe Persistent (Continual Symptoms)</b>
PRN Albuterol
High Dose Inhaled Steroids/Beta Agonist
Oral Steroids as Needed
Utilize <a href="#">Authorization for Administration of Oral Medications</a> (AMES Appendix K)
Asthma Management Plan (AMES Appendix J)
Suggest Care Plan for Life Threatening Conditions (AMES Appendix A)